



Four Rivers Rafting & Adventures cc

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TEAM BUILDING

Our team building packages can be tailor made to combine a large selection of activities; from low to medium physical activities, a wide selection of games, challenges and mental exercises, both at our Four Rivers Adventure base and away.

The following list includes many of the activities and games on offer.

We pride ourselves on our flexibility and ingenuity in designing the right package for your team building requirements! Examples below show many of our popular packages which can of course be adapted to suit your timing, group size, budget and other specific requirements.

Refreshments available as an extra:

R30pp half day (3 drinks ea) R50pp full day (5 drinks ea) Energade & Water.

River rafting (1,2 or 3 Day)	Archery	horse challenge
Kloofing	Mountain boarding	falcon centre: clue search
Quad biking (track, outride, lemans & obstacle courses)	Abseiling	flower child nursery
	croquet	learn the art of honey making
Zip line (for the young and the not so young)	bull challenge	questions & riddles
Paintball (course and target shooting)	horse shoe throw	dice challenge
orienteering	clay pigeon shooting	puzzles riddles and mind games
blow darts	log throw	memory game
catapult shoot	hammer throw	water polo
chipping challenge	stone throw	Zulu stick fighting
soccer & basketball challenge	tug of war	water challenge
drive some golf balls	crawl race	pick-up-sticks
soccer	charity treasure hunt	plant a tree at a deserving school
blind man maize	remote control circuit racing	memory game
Amaswazi cuisine:- cook an Induna meal	super slot car racing	puzzle build

PACKAGES

THE MOUNTAIN MADNESS SERIES

Groups will be split into teams who will need to make their way from checkpoint to checkpoint, completing different activities.

<p><u>MMC 01</u> archery zip line water challenge quad outride orienteering</p> <p>R330 pp</p>	<p><u>MMC 02</u> archery zip line mountain boarding quad outride orienteering</p> <p>R370 pp</p>	<p><u>MMC 03</u> zip line paintball mountain boarding quad outride archery orienteering</p> <p>R430 pp</p>
<p>Available for group sizes of 10 to 60 persons Medium physicality Duration approximately 3 hours</p>		

BUDGET BUSTER SERIES

<p><u>THE TEAM SPORT</u> <u>TUSSLE</u></p> <p>Checkpoint challenges</p> <p>Volleyball Water Polo Basketball Soccer</p> <p>MEDIUM physicality R220 pp</p>	<p><u>WORLD SPORT</u> <u>ORIENTEERING</u> <u>CHALLENGE</u></p> <p>Navigate to checkpoint challenges</p> <p>USA: Basketball Brazil: Soccer Switzerland: Archery Australia: Diving Mexico: Blind Man Maze South Africa: Horse Shoe Throw</p> <p>MEDIUM physicality R250 pp</p>	<p><u>CHARITY TREASURE</u> <u>HUNT</u></p> <p>Receive components on completed challenges to make and donate a toy for a local worthy charity</p> <p>Archery Puzzle Build Questions & Riddles Dice Challenge Pick-up-Stix Memory Game</p> <p>LOW physicality R290 pp (includes toy)</p>	<p><u>THE HIGHLANDERS</u> <u>GAME</u></p> <p>Teams will compete in exciting games</p> <p>Log Throw Hammer Throw Tug of War Crawl Race Stone Throw</p> <p>MEDIUM physicality R270 pp (excludes kilts)</p>
<p>Minimum 10 persons</p>			

THE AMAZING RACE SERIES

Like the reality T.V show, this flexible option allows teams to navigate between checkpoints. At each point contestants will choose between 2 clues that will determine which activity they will do next.

These packages can be designed to run at any venue here in the Central Drakensberg, our surrounding areas or can even begin en-route from where your departure point is to include activities on the way to your destination.

<u>CLASSIC AMAZING RACE</u>	<u>CHAMPAGNE VALLEY</u>	<u>NORTHERN DRAKENSBERG</u>	<u>AMAZING DAM ADVENTURE CHALLENGE</u>	<u>LOCAL AMAZING MOUNTAIN RACE</u>
		CHALLENGES		
Norway: Skill & Accuracy or Speed & Adrenalin	Falcon Centre: Clue Search	Tower Challenge: Clue Search	Raft Challenge	Amaswazi Cuisine: Cook an Induna meal
South Africa: Catapult shoot	4 Rivers – Quad biking challenge	In-the-bush: Archery Challenge	Memory Game	Adventure base: Choose 4 activities
Spain: Chipping Challenge	Flower Child Nursery – Plant a tree	Nursery: Plant a tree at a deserving school	Water Challenge	Tree Plant - at a deserving school
UK: Skill & Patience or Knowledge	Dam Challenge: Wet & Wild (differs in winter)	Dam Challenge: Wet & Wild (differs in winter)	Archery	Somewhere out there: Puzzles, Riddles & Mind Games
Brazil: Soccer & Basketball Challenge	Horse Challenge	Secret Challenge: Many options to choose from		Driving Range - drive some golf balls
				Zulu Stick Fighting: Learn this traditional art Buzzing Feeling: Learn the art of honey making Heights & Altitude: Abseiling Water Challenge
R390 pp	R430 pp	R430 pp	R250 pp	R530 pp
Priced for group sizes of 10 or more ~ Medium Physicality ~ Transport excluded				

SURVIVAL SERIES

<u>SURVIVOR ADVENTURE CHALLENGE</u>	<u>BERG ADVENTURE CHALLENGE</u>	<u>SUPERHERO CHALLENGE</u>
<p>Teams will navigate between checkpoints and complete challenges along the way after receiving clues.</p> <p>Archery Zip Line Paintball Mountain Boarding Lemans Quad Biking Blow Darts Orienteering</p>	<p>After completing challenges, teams will receive co-ordinates to their next checkpoint.</p> <p>Mountain Boarding Bridge Build Water Challenge Archery Zip Line Quad Obstacle Course Puzzle Build, Questions & Riddles</p>	<p>Teams will make their way between checkpoints completing activities along the way.</p> <p>Water Challenge Bridge Building Paintball Target Shooting Puzzle Build & Riddles Archery Zip Line Orienteering</p>
Minimum 20 persons	~	Medium Physicality
R410 pp	R460 pp	R430 pp

SHARP SHOOTER SERIES

Participants can test their accuracy between checkpoints.

<u>BULLSEYE CHALLENGE</u>	<u>THE TUSSLE CHALLENGE</u>	<u>ONE SHOT CHALLENGE</u>
<p>Clay Pigeon Shooting Paintball target Shooting</p> <p>Archery Questions & Riddles</p>	<p>Quad Obstacle Course Paintball target Shooting</p> <p>Archery Questions & Riddles</p> <p>Croquet Orienteering</p>	<p>Quad Obstacle Course Archery</p> <p>Clay Pigeon Shooting Paintball Target Shooting</p>
LOW physicality	Minimum 10 persons	Medium Physicality
R450 pp	R330 pp	R560 pp

INDOOR RACING SERIES

Teams will be split into groups of 10. Each team will be assigned a car and a lane. The teams will then have the ultimate race off against one another with the team with the most laps and the least penalties will be the winning team. All lanes will be monitored and penalties will come into play with the final result, thus you won't know who has one till the very end!

<p><u>SUPER SLOT CAR RACING</u></p> <p>R440-00 pp</p>	<p><u>REMOTE CONTROL CIRCUIT RACING</u></p> <p>R490-00 pp</p>	<p><u>ULTIMATE HEAD TO HEAD</u></p> <p>Competitive Video Game Station</p> <p>R510-00 pp</p>	<p><u>RACING MADNESS</u></p> <p>Combination of circuit and slot car racing</p> <p>R460-00 pp</p>
<p>Minimum 150 persons ~ Medium Mental Capabilities</p>			

INDOOR SERIES

<p style="text-align: center;"><u>REALITY SHOW MANIA</u></p> <p>A really fun and popular activity combining challenges taken from a selection of popular reality TV shows such as:</p> <p>Fear factor The apprentice Survivor Are you smarter than a 5th grader? The Amazing race</p> <p>Minimum 20 persons R390 pp</p>	<p style="text-align: center;"><u>MURDER MYSTERY DINNER</u></p> <p>Let us facilitate an evening activity of exciting role playing that continues Throughout your dinner, wherever your venue. All participants are included in the many cryptic twists of this relaxed yet fun filled evening</p> <p>Popular themes include: Murder among the Mateys (Pirates!) Murder in Sin City (Vegas) ...and many more to choose from</p> <p>Minimum 10 persons R180 pp Includes invitations and facilitation of this event Excludes accommodation for 2 facilitators & décor</p>
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